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# Master Your Workplace Safety Knowledge with 50 NASP Safety 30 Hours General Industry Certificate Quizzes and Answers

## Quizzes

- 1. Which of the following is an example of a confined space?**
  - a. A large, open room
  - b. A room with a door that can be locked from the inside
  - c. An underground storage tank
  - d. A room with a window that can be opened.
  
- 2. Which of the following is a reason for isolating energy sources during maintenance activities?**
  - a. To save energy
  - b. To prevent unauthorized access
  - c. To ensure equipment is properly calibrated
  - d. To protect workers from dangerous machinery
  
- 3. Which of the following is the best way to lift a heavy object?**
  - a. With your back straight and knees locked
  - b. With your back bent and knees straight
  - c. With your back bent and knees bent
  - d. With your back straight and knees bent
  
- 4. What is the purpose of a fall protection system?**
  - a. To prevent falls
  - b. To cushion falls
  - c. To report falls
  - d. To train workers on fall prevention
  
- 5. What is the first step in conducting a risk assessment?**
  - a. Identify hazards

- b. Control hazards
- c. Evaluate hazards
- d. Monitor hazards

**6. Which of the following is an example of personal protective equipment (PPE)?**

- a. A fire extinguisher
- b. A safety sign
- c. A hard hat
- d. A safety barrier

**7. What is the purpose of an emergency action plan?**

- a. To prevent emergencies from occurring
- b. To respond to emergencies in an organized manner
- c. To identify potential hazards
- d. To provide training for emergency responders

**8. What is the purpose of shoring in an excavation?**

- a. To prevent cave-ins
- b. To provide access to the excavation
- c. To remove soil from the excavation
- d. To stabilize the excavation

**9. Which of the following is an example of an electrical hazard?**

- a. A wet floor
- b. A sharp object
- c. A frayed power cord
- d. A loud noise

**10. Which of the following is an example of a fall hazard?**

- a. A fire hazard
- b. A chemical hazard
- c. A slippery surface
- d. A loud noise

**11. What is the purpose of a lockout/tagout system?**

- a. To prevent unauthorized access
- b. To keep equipment running smoothly

- c. To isolate energy sources during maintenance activities
- d. To provide training for workers

**12. Which of the following is an example of a respiratory hazard?**

- a. Loud noise
- b. High temperature
- c. Low humidity
- d. Chemical fumes

**13. Which of the following is an example of a hand protection PPE?**

- a. A hard hat
- b. Safety glasses
- c. Gloves
- d. Earplugs

**14. What is the purpose of a safety data sheet (SDS)?**

- a. To provide information about hazardous materials
- b. To provide training for workers
- c. To identify potential hazards
- d. To prevent accidents from occurring

**15. Which of the following is an example of an environmental hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. A frayed power cord

**16. Which of the following is an example of an excavation hazard?**

- a. A slippery surface
- b. A loud noise
- c. A cave-in
- d. A chemical spill

**17. What is the purpose of a safety committee?**

- a. To identify potential hazards
- b. To provide training for workers
- c. To investigate accidents
- d. To promote safety in the workplace

**18. Which of the following is an example of a hearing protection PPE?**

- a. A hard hat
- b. Safety glasses
- c. Gloves
- d. Earplugs

**19. What is the purpose of a hazard communication program?**

- a. To prevent accidents from occurring
- b. To identify potential hazards
- c. To provide training for workers
- d. To promote safety in the workplace

**20. Which of the following is an example of a fall arrest system?**

- a. Safety glasses
- b. A safety net
- c. A hard hat
- d. Earplugs

**21. What is the purpose of a fire prevention plan?**

- a. To respond to fires in an organized manner
- b. To prevent fires from occurring
- c. To identify potential fire hazards
- d. To provide training for emergency responders

**22. Which of the following is an example of a chemical hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Corrosive chemicals

**23. What is the purpose of a hazard assessment?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate hazards
- d. To monitor hazards

**24. Which of the following is an example of a fall restraint system?**

- a. A safety net
- b. A safety harness
- c. A hard hat
- d. Earplugs

**25. What is the purpose of a safety inspection?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate hazards
- d. To promote safety in the workplace

**25. What is the purpose of a hazard analysis?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate hazards
- d. To monitor hazards

**26. Which of the following is an example of a fall prevention system?**

- a. A safety net
- b. A safety harness
- c. A hard hat
- d. Earplugs

**27. What is the purpose of a safety management system?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate hazards
- d. To promote safety in the workplace

**28. Which of the following is an example of a machine guarding hazard?**

- a. A wet floor
- b. A sharp object
- c. A frayed power cord
- d. A missing safety guard

**29. What is the purpose of a respiratory protection program?**

- a. To prevent respiratory hazards

- b. To provide training for workers
- c. To identify potential respiratory hazards
- d. To control respiratory hazards

**30. Which of the following is an example of a chemical exposure hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Inhalation of toxic fumes

**31. What is the purpose of a job hazard analysis?**

- a. To identify potential hazards associated with a specific job
- b. To control hazards associated with a specific job
- c. To evaluate hazards associated with a specific job
- d. To monitor hazards associated with a specific job

**32. Which of the following is an example of a heat stress hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. A frayed power cord

**33. What is the purpose of a fall hazard assessment?**

- a. To identify potential fall hazards
- b. To control fall hazards
- c. To evaluate fall hazards
- d. To monitor fall hazards

**34. Which of the following is an example of a fire hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Combustible materials

**35. What is the purpose of a workplace violence prevention program?**

- a. To prevent workplace violence
- b. To provide training for workers

- c. To identify potential workplace violence hazards
- d. To control workplace violence hazards

**36. Which of the following is an example of a noise hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. A frayed power cord

**37. What is the purpose of a hazard control program?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate hazards
- d. To monitor hazards

**38. Which of the following is an example of a vibration hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Prolonged exposure to vibrations

**39. What is the purpose of a safety audit?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate safety performance
- d. To monitor safety performance

**40. Which of the following is an example of a manual handling hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Lifting heavy objects

**41. What is the purpose of a chemical hygiene plan?**

- a. To prevent chemical hazards
- b. To provide training for workers
- c. To identify potential chemical hazards
- d. To control chemical hazards

**42. Which of the following is an example of a radiation hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Exposure to ionizing radiation

**43. What is the purpose of an ergonomic hazard assessment?**

- a. To identify potential ergonomic hazards
- b. To control ergonomic hazards
- c. To evaluate ergonomic hazards
- d. To monitor ergonomic hazards

**44. Which of the following is an example of a biological hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Exposure to infectious agents

**45. What is the purpose of a hazard communication program?**

- a. To identify potential hazards
- b. To control hazards
- c. To communicate information about hazardous materials
- d. To monitor hazards

**46. Which of the following is an example of a respiratory hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Inhalation of airborne contaminants

**47. What is the purpose of a workplace hazard assessment?**

- a. To identify potential hazards in the workplace
- b. To control hazards in the workplace
- c. To evaluate hazards in the workplace
- d. To monitor hazards in the workplace



**48. Which of the following is an example of an electrical hazard?**

- a. A slippery surface
- b. A loud noise
- c. Extreme temperatures
- d. Contact with live electrical wires

**49. What is the purpose of an incident investigation?**

- a. To identify potential hazards
- b. To control hazards
- c. To evaluate the causes of incidents
- d. To monitor incidents

**Answers**

1.c 2.d 3.d 4.a 5.a 6.c 7.b 8.d 9.c 10.c 11.c 12.d 13.c 14.a 15.c 16.c 17.d 18.d 19.c 20.a 21.b 22.d 23.a  
24.a 25.a 26.a 27.c 28.d 29.d 30.d 31.d 32.a 33.c 34.a 35.d 36.d 37.b 38.b 39.d 40.c 41.d 42.d 43.d 44.a  
45.d 46.c 47.d 48.a 49.d 50.c